





Norwegian Coastal Expeditions

→ Bergen - Kirkenes - Bergen

Connect with your inner explorer and embark on an active adventure through Norway's achingly gorgeous fjords and dramatic mountains. Our Norwegian Coastal Expedition sailings follow the classic voyage route, but also lets you enjoy unique excursions, expert lectures and activities with a handpicked expedition team your hosts on board and on land.

Travel Period - All Year

Duration - 12 Days

Ship - MS Nordkapp, MS Nordnorge, MS Nordlys, MS Polarlys, MS Richard With, MS Kond Harald



Travel with our onboard expedition team - experts on Norwegian culture, history and nature

Join exclusive hikes and excursions at several unique locations along the coast



Engage in onboard activities and daily lectures on Norwegian landmarks and other fascinating subjects

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Discover Norway's entire coastal route with 34 ports, more than 100 fjords and 1000 mountains

Exploring Norway in the hands of experts

Join us on a journey of discovery into the heart and soul of Norway's beautiful coast. These unique Norway coastal expedition voyages are accompanied by a Hurtigruten expedition team; seasoned travellers, modern-day explorers, and kindred spirits in their love of adventure. Experts in their respective fields, these specialists will passionately present you with insights into Norway's culture, wildlife, and nature; all to enhance your journey of inner and outer discovery.

On board one of our expedition ships, we will give you the opportunity to explore the region and local culture in a more active way, with excursions, an exclusive Hiking Pass and exciting on board activities that vary by season.

The expedition of a lifetime

Choose from a wide range of optional onshore activities which add special, unforgettable experiences to your trip. As there is so much to see and do, you won't be able to do all the hikes of the Hiking Pass plus all the excursions on offer in one trip, but you can still pick and mix those that appeal to the explorer within.

The onboard programme consists of tastings of local fresh produce and daily lectures on a range of topics such as glaciology, natural phenomena, Viking history, Nordic folklore and so much more.

After a heady day of active adventure and hiking, what better way to finish the day than relaxing and sharing a drink with your expedition team at the bar or the panorama lounge. Exchange tales of exploration over photos, socialise with your fellow travellers, enjoy a cultural performance, and whet your appetite for the next day's many exciting experiences.

Hiker's heaven

Norway's stunning coastline makes it a true paradise for avid hikers. Take advantage of the many guided hiking opportunities on your expedition cruise with our Hiking Pass – your ticket to hiking heaven.

A Hiking Pass gives you access to hand-picked hikes accompanied by your loyal expedition team. It consists of multiple hikes throughout the duration of your voyage, depending on the season and more if local weather permits. Hikes can last between 1.5 and 4 hours long and are for those ready for a physically demanding and rewarding Norwegian experience.

Recommended equipment:

When going on hikes you should choose your equipment based on the weather and the season. As a general rule of thumb, you should remember to pack good shoes for walking, such as boots for rainy and muddy conditions. A wind and water proof jacket, preferably with a hood and free hiking trousers, gloves, a hat, water bottles and sunglasses are also recommended. It's also a good idea to bring a pair of lightweight binoculars and a camera.

Languages

Our activities and lectures will be mainly offered in English. A written summary will be handed out before the lecture starts in Norwegian, German and French. When we have German-speaking staff members, we will do our utmost to offer parts of the program in German.

Price includes

- Voyage in a cabin grade of your choice with meals included
- English speaking tour leader on board

Not included

- Flights and transfers
- Travel insurance
- Optional excursions
- Hiking Pass
- Luggage handling

Please note

- Prices are in EUR (€) per person based on two people travelling together sharing as inside twin cabin
- Other categories are available at a supplement
- Not all categories available for departures

The Itinerary

Learn more about what you will experience on your Coastal Expedition Sailing. The day-by-day program will give you a few ideas about what you can see and do on your coastal voyage, but bear in mind that this itinerary is just an indication of what you can experience. After all, this is a sailing where the elements rule and weather conditions might vary, which is why every expedition with Hurtigruten is unique.



All year

Departs From: Bergen, Norway

DAY 1



The journey begins

Location: Bergen

Your 12-day Classic Roundtrip starts in Bergen, a city surrounded by its famed seven mountains. Before departure you may wish to explore this cultural gateway

to the fjords by hiking up the famous Mount Fløien or exploring the city by segway.

After embarkation we invite you to enjoy our tasty dinner buffet, based on the best ingredients from the coast. We sail north from Bergen along the Hjeltefjord, the same route the Vikings once sailed to the Shetland Islands and beyond – we are heading to the high north. Spend the rest of the evening relaxing as you take in the spectacular landscapes, either from deck or in our panorama lounges.





A day for masterpieces

Location: Florø - Molde

If you wake up early the next day you have the chance to enjoy the breathtaking beauty of the Nordfjord, followed by a delicious breakfast. As we sail past the West Cape, we experience a rare venture into open sea. Then the ship navigates through skerries and islands before reaching Ålesund. In the summer months we set course for the spectacular UNESCO-listed Geirangerfjord passing sheer, 800m cliffs and impressive waterfalls en route. In autumn we explore Hjørundfjord, situated amidst the majestic Sunnmøre Alps. Depending on the season, you can enjoy a colourful and enlightening presentation about the Aurora Borealis, a talk on the sagas of the mythical mountain on the island Sandsøy, or tastings of Norway's Coastal Kitchen on the deck with your Expedition Team.



In the footsteps of the Vikings

Location: Kristiansund - Trondheim - Rørvik

Today you wake up in beautiful Trondheim. The architecture and surroundings in Trondheim create a beautiful and almost mythical setting for any outing, whether you prefer a guided tour of the Nidaros Cathedral, kayaking on the river Nid and into the city's smaller channels, or a casual walk or by bicycle through the Bakkland district. In autumn you can join the trip out to Munkholmen. Originally this was an ancient place of execution, before becoming a Benedictine monastery around the year 1000. In 1658 it was made into a fortress and prison, and later a customs station.

In the afternoon the ship sets a northwest course, passing the beautiful Kjeungskjær lighthouse and numerous charming islets and rocky outcrops. In autumn you can learn more about navigation and lighthouses along the Norwegian coast during the Captain's talk. After passing through the narrow Stoksund, the ship arrives at charming Rørvik.

Your onboard Expedition Team will plan to offer more tastings on deck and present lectures on geology and an introduction to Viking history.



Welcome to the Arctic!

Location: Brønnøysund - Svolvær

The Arctic Circle marks the border to the Arctic region. In summer this means 24-hour daylight - often referred to as the 'Midnight Sun'. During autumn and winter, being above this degree of latitude provides the best chances of experiencing the Northern Lights. We continue sailing along the beautiful coast of Helgeland up to Bodø. In spring there will be a presentation on board where your can learn more about the millions of migrating birds returning to the Arctic Coast during the nesting period. Later this afternoon the sight of the 1,000m high Lofoten Wall will appear on the horizon. The charms of the Lofoten Islands are revealed in all the small, picturesque fishing villages with their bohemian atmosphere. In winter, Crossing the Arctic Circle is when the hunt for the Arctic light begins. We celebrate this with a presentation of 'The Magic Light, Aurora Borealis', where you can experience this phenomenon via pictures, words and music. After sailing through the narrow Raftsund, we stop at the entrance to the enthralling Trollfjord. Here we serve freshly made fish cakes out on deck. You will also hear the story of 'The battle of Trollfjord', which took place here in the winter of 1890.

DAY 5



Into the wild

Location: Stokmarknes - Skjervøy

In summer, early birds can go ashore in Risøyhamn for our whale-watching excursion. The ship continues to Tromsø, the gateway to the Arctic, for a prolonged stay. In winter and spring you can complete your stay in Tromsø with a thrilling husky dog sledge ride. If you want to experience the peace and tranquillity of the sea in summer, why not join us on a kayaking excursion, or participate on a mountain hike on one of the mountains close to the city. The air up here is fresh and clear, and we get a beautiful view of the city and the impressive mountain chains around it.

After an exhilarating day in Tromsø, we continue our northbound journey. In winter the Captain invites guests to taste stockfish on deck. The ship is now sailing into the area along the coast where you have the best chance of seeing the Northern Lights between September and March, and we gather on deck to search for this breathtaking phenomenon.



The Northern Lights and the North Cape

Location: Øksfjord - Berlevåg

Enjoy the magnificent sub-Arctic landscape as we cross the 71st parallel on our journey towards the North Cape, the northernmost point on the continent. In summer, you might see herds of grazing reindeer and small camps belonging to the indigenous Sámi people. After brief early stops in Hammerfest and Havøysund we arrive in Honningsvåg, the gateway to the spectacular North Cape. Close to the North Cape you find one of the world's most exciting nature reserves, Gjesværstappan. Join the bird-watching safari during spring and summer to experience Finnmark's largest flock of puffins, together with large numbers of kittiwakes.

The Hurtigruten ship continues north, sailing in the heartland of the indigenous Sámi people. We pass their ancient sacred site, the rock formation Finnkirka, and as we approach our next stop, the fishing village Kjøllefjord. Ever so often local fishermen visit us during winter and spring to share their catch of the day (King Crab and Cod) with us out on deck. Here you have the opportunity to learn more about the Sámi people, as well as exploring the wonderful scenery all year round

on our different excursions. In winter you can join us on an unforgettable snowmobile trip to one of Europe's most extreme and exciting natural areas.





To the top and back again

Location: Båtsfjord - Kirkenes - Berlevåg

Early birds can see Vadsø and just after breakfast we arrive in Kirkenes, putting us at 30° East, further east than Istanbul and St. Petersburg. The Russian border is close by, and you may find it intriguing that the road signs are written in both Norwegian and Russian. Depending on the season, there are several ways to make a visit to the Russian border. During spring you may still be able to participate in our winter activities and excursions. You could explore the Arctic winter on a snowmobile, driving over a frozen fjord. On our dog sledge adventure the huskies eagerly transport you across the frozen landscape, taking you through the arctic wilderness. You can also visit the Snow Hotel and see the reindeer. Our Arctic bush craft excursion in autumn provides you with an insight into this season; how people have harvested, stored, hunted and fished for centuries.

As the ship starts its voyage south, you can first enjoy a wonderful lunch followed by views of arctic wilderness from deck or the panorama lounge. There will be a presentation on Pomor trade history in the winter season. The ports previously visited by night on the northbound journey are now seen by day. In the afternoon the ship docks in Vardø again, Norway's easternmost port. Weather permitting, we may invite you to experience ice bathing in the Arctic Ocean during winter season. On board there will also be a presentation of "Life in the sea" in spring, and in winter local Arctic divers will bring displays and give a lecture out on deck about life in the ocean. We continue along the Varanger peninsula to Båtsfjord before reaching Berlevåg in the evening.

DAY 8



The extreme north

Location: Mehamn - Tromsø

In the middle of the night we dock at Mehamn, where it is possible to join an unforgettable snowmobile trip through one of Europe's most extreme and exciting natural areas in winter. In Honningsvåg you can enjoy an excursion and breakfast at the North Cape while discovering hidden parts of Finnmark. Before stopping in Hammerfest, you can enjoy an 'Energy coffee' and a short introduction to 'Melkøya - The northernmost natural gas terminal' on board. In autumn we invite you to taste dried reindeer meat on deck. In Hammerfest you can participate on a mountain hike or join a city guiding and see the UNESCO-listed Meridian Column, erected in 1854 to commemorate the first precise measurement of the globe.

We continue south to Øksfjord. In winter our crew will teach you how to tie maritime knots on deck. After crossing open water, we will make a brief stop at the old trading post of Skjervøy before sailing through the beautiful Lyngenfjord in spring. Surrounded by the snowy peaks of the Lyngen Alps, we may be visited by a local fisherman and enjoy a taste of local freshly caught prawns. We dock in Tromsø known as "the gateway to the Arctic" just in time to enjoy a Midnight Concert at the Arctic Cathedral. Alternatively a walk around town will give you the chance to enjoy a local brew in one of the many friendly pubs.

Your expedition team will be prepared to present lectures on topics such as polar expeditions and Norwegian exploration and the evolution of modern Norway.



DAY 9

Welcome to Lofoten

Location: Tromsø - Stamsund

We arrive in Harstad this morning, where you have the opportunity to participate in one of the classics in Hurtigruten's excursion programme: A taste of Vesterålen. The Risøyrenna channel is just 7m deep, and was made especially for Hurtigruten in the 1920s, providing an "inside route" between Harstad and Sortland. The sand banks are visible through the clear, green water. Risøyhamn is a small village with only 200 inhabitants, and we make a short stop here to deliver passengers,

groceries and mail. From this port you can also join in on a spectacular whale watching experience during wintertime.

Then we continue via Sortland to Stokmarknes, where Hurtigruten was founded more than 120 years ago. Continuing south it looks like we are sailing straight into the mountain wall, but the captain finds an opening and sails through the narrow Raftsund. As a tribute to the fishing history in this region, our chef shows how to fillet the catch of the day on deck in winter. Now we reach the spectacular Trollfjord, only 2km long and 100m wide, with majestic mountains surrounding it. If the weather and time permits it – the captain will take a detour in here. Join a sea eagle excursion to see the king of birds up close. Reaching Svolvær, you can choose from several excursion options in summer, spring and winter.

From Svolvær we continue on to Stamsund, where the majestic peaks of the huge Lofoten wall can be viewed. We leave the islands during the evening and set course for the mainland.

During our sailing through the iconic Lofoten Islands, your Expedition Team will share their knowledge with lectures on fisheries, coastal culture and Hurtigruten's history since its beginnings in 1893.

DAY 10



A date with the Seven Sisters

Location: Bodø - Rørvik

Crossing the Arctic Circle at 66°33'N is an important 'rite of passage' today. We celebrate this with a taste of our Arctic traditions out on deck. Another highlight is sailing past the Seven Sisters mountain range. All seven mountains are between 900 and 1,100 m high, and it is easy to understand how these 'ladies' have inspired ancient myths. We take a short stop at Nesna, an idyllic old trading post before moving on to Sandnessjøen. The UNESCO World Heritage Site of the Vega Islands is close to our call in Sandnessjøen and can be visited on an optional excursion during summer. In Brønnøysund we offer an excursion to the Norwegian Aquaculture Centre.

As part of your Norwegian Coastal Expedition, there will be an entertaining musical lecture by the Expedition Team and an evening activity such as folkdancing.



DAY 11

The old cities and the sea

Location: Trondheim - Ålesund

Today gives you another opportunity to explore the city of Trondheim. The city walk through Trondheim is a journey through its 1,000-year history. Back on

board, the ship heads out of the majestic Trondheimsfjord, which is 170km long and up to 25km wide. Like all other Norwegian fjords it is deep, 577m at most. As we sail along the coast you'll realise the importance of fish to Norwegian coastal communities.

Kristiansund's location has provided the town with a wealth of opportunities in the fishing, shipbuilding and oil industries. This town is now regarded as Norway's 'cured cod capital' because of its long time export of salted dry fish. Here you can join a trip to the Atlantic Road, one of Norway's most visited tourist destinations. As we cross the open sea to Molde, known as the 'city of roses', you will notice the steep, grey, pointed peaks of the Romsdal Alps.

During your sailing, enjoy another onboard lecture about the majestic fjords and geology.



DAY 12

The final chapter of the fairytale

Location: Bergen

During the night, the ship will call at Ålesund, Torvik, Måløy as the world's most beautiful voyage is drawing to a close. But before we dock in Bergen there are still a few nautical miles of fascinating scenery ahead of us, such as the picturesque Nordfjord below the enormous Jostedals glacier. We will make a call at Florø, a

modern town which is the oldest in Sogn og Fjordane county and the westernmost in Norway. A few nautical miles south of Florø we navigate the estuary of the mighty Sognefjord. You also get the best views of the archipelago en route.

The onboard lecture programme will comprise of talks about Norwegian legend and Norway's musical heritage - a cultural concept that was influenced by Norway's natural beauty. And finally you disembark in Bergen.

